The progress of self-advocacy in Taiwan as seen through the lens of leisure activity by people with intellectual disability

Background

- CRPD §2: emphasizes that people with a disability have the equal rights to participate in cultural and leisure activities as those without a disability.
- PAPID Taiwan (Parent’s Association for People with Intellectual Disability, Taiwan) has been organizing a National Self-Advocacy Network for people with ID.
- Several studies have proven the importance of leisure activity in improving Quality of Life (QOL) for people with a disability.
- The Network of new young people with ID as a leader in this Network.
- Relax, we are adults. It’s our right and our freedom to enjoy cultural and leisure activities.

Positive points:
- Bringing the voices to promote health and well-being.
- Network has been organizing a National Self-Advocacy Network for people with ID.
- Bringing the voices of people with ID to promote health and well-being.

Purpose
- To discuss and analyze the progress of self-advocacy in Taiwan by examining the process of the discussions about leisure activity undertaken by people with ID in 2015.

Method
- The researcher analyzed materials related to the proposal of the meetings, power points, handouts, meeting notes, feedback sheets, videos and photos from the afternoon session of the discussion meetings for people with ID at the National Self-Advocacy Network Meeting.

Position of the researcher
- The researcher was the coordinator and supporter of the Network from March 2013 to March 2017. In addition to the materials from the meetings, the researcher’s observations in the Network are also used in this research.

Table 1: Overview of each discussion meeting (pars. / from 17 org.)

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Taipei</td>
<td>2015/10/21</td>
<td>26 pm.</td>
<td>Listening to music and cultural activities as those without a disability</td>
</tr>
<tr>
<td>2nd</td>
<td>Tachung</td>
<td>2015/10/19</td>
<td>25 pm.</td>
<td>Bringing the voices of people with ID to promote health and well-being</td>
</tr>
<tr>
<td>3rd</td>
<td>Tachung</td>
<td>2015/10/19</td>
<td>26 pm.</td>
<td>Taking about the leaks of information and privacy as those without a disability</td>
</tr>
<tr>
<td>4th</td>
<td>Tachung</td>
<td>2015/10/19</td>
<td>26 pm.</td>
<td>Listening to music and cultural activities as those without a disability</td>
</tr>
<tr>
<td>5th</td>
<td>Tachung</td>
<td>2015/10/19</td>
<td>26 pm.</td>
<td>Taking about the leaks of information and privacy as those without a disability</td>
</tr>
<tr>
<td>6th</td>
<td>Tachung</td>
<td>2015/10/19</td>
<td>26 pm.</td>
<td>Taking about the leaks of information and privacy as those without a disability</td>
</tr>
</tbody>
</table>

Table 2: What worries might be there about people with ID when they do leisure activities?

<table>
<thead>
<tr>
<th>ID worries</th>
<th>Safety</th>
<th>money(USD)</th>
<th>time</th>
</tr>
</thead>
<tbody>
<tr>
<td>M: It’s better not to go to a pub or drink alone.</td>
<td>Safety</td>
<td>money(USD)</td>
<td>time</td>
</tr>
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<td>Safety</td>
<td>money(USD)</td>
<td>time</td>
</tr>
</tbody>
</table>

Discussion and Limitation

- Important thing is how to make our own decisions even if we are mature enough to go to a pub.
- People who have disabilities, in concert halls.
- I should be careful not to make noise or engage in any behavior that may bother other audience members.
- I need support to find information about movies, movie tickets, and how to get to movie theaters.
- I should check whether the movie theater is showing films that I might want to see.
- I need to go shopping with my friends and supporters.
- I need to check where the movie theater is and how to get to it.
- I need support to find information about movies, movie tickets, and how to get to movie theaters.
- I should check whether the movie theater is showing films that I might want to see.

E: It’s better not to go to a pub or drink alone.

Limitation:
- The facilitators and the participants almost only met four times for 36 hours in total a year, it is hard to really know whether the new voices were the participation of new young people with ID who had never talked about these things before.
- Self-Advocacy is a continuous process.

4th meeting: When going shopping
- Fourth meeting: When shopping
to the next point.
- Fourth meeting: When going shopping
- Some things I should be mindful of: One thing I have questions about is that there are so many images in the theater.
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